

REFLEX

Your gym at Garlington

JOINING FEE	R 100
ACCESS DISC	R 50

PREPAID/CASH	12 MONTHS	6 MONTHS	1 MONTH
STANDARD	R 2200 (183/m)	R 1200 (200/m)	R 280
-OFF PEAK	R 1700 (141/m)	R 1000 (166/m)	R 210
STUDENT	R 1950 (162/m)	R 1100 (183/m)	R 250
-OFF PEAK	R 1550 (129/m)	R 900 (150/m)	R 175
PENSIONER	R 1850 (154/m)	R 1025 (170/m)	R 250
-OFF PEAK	R 1450 (120/m)	R 850 (141/m)	R 220
	Term+Holiday	12 MONTHS	1 MONTH
SCHOLAR	R 450	R 1200 (100/m)	R 200

DEBIT ORDER		
	6 MONTH	12 MONTH
STANDARD	R 220/m (Total: 1320)	R 200/m (Total: 2400)
-OFF PEAK	R 190/m (Total: 1140)	R 170/m (Total: 2040)
STUDENT/PENSIONER	R 200/m (Total: 1200)	R 180/m (Total: 2160)
-OFF PEAK	R 170/m (Total: 1020)	R 150/m (Total: 1800)
SCHOLAR	R140/m (Total: 840)	R125/m (Total: 1500)

PERSONALIZED EXERCISE PROGRAM			
Initial program (Including one hour supervised session)	R350		
Progressions thereafter (Including one hour supervised session)	R300		
PERSONAL TRAINING/ONE-ON-ONE YOGA			
	Monthly (sessions per week)		
Once off	1	2	3
R250	R800 (4x R200)	R1400 (8x R175)	R1800 (12x R150)

Open from 5am to 9pm every day (incl. public holidays)

**For inquiries or to make an appointment to sign up for the gym
contact Nicky on 082 831 0928 or
info@gofigurefitness.co.za**